
CORRECTION DOSES

The following scale shows common “correction” doses to be added to the usual bolus dose taken for a meal when blood glucose is high before the meal. Use your monitoring results and work with your health-care provider to individualize these doses.

PREMEAL BLOOD GLUCOSE LEVEL	CORRECTION DOSE (TO BE ADDED TO BOLUS DOSE)
150–200 mg/dl	2 units
201–250 mg/dl	4 units
251–300 mg/dl	6 units
301–350 mg/dl	8 units
351–400 mg/dl	10 units
higher than 401 mg/dl	12 units

Diabetes Self-Management, “Insulin Therapy for Type 2 Diabetes” by Christin Snyder, MD, and Irl B. Hirsch, MD

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